

<u>从益社团法人</u> 日本空手協会

> FEBRUARY 24TH- 2024 INVITATIONAL HØRSHOLMHALLEN BUDOLAND PLL MALERFIRMA APS

RULES AND SCHEDULE

Kata 10th Kyu to 4th Kyu

Flag system will be applied until the last 4 competitors have been decided. The main referee will choose between Taikyoku Shodan and Heian 1-5. A competitor cannot be asked to perform a kata at a grade higher than their last grading kata. The final will be decided on points and the competitor can choose their own kata. Only standard shotokan kata.

Kata 3rd Kyu - Dan Grades

Flag system will be applied until the last 4 competitors have been decided. The main referee will choose between Heian 2-5 and tekki shodan. The final will be decided on points and the competitor can choose their own kata. Only standard shotokan kata.

Team Kata

Team can be a mix of boys/girls and male/female. Same kata can be repeated in all rounds. Refereeing by flag till last 4, then point system.

Kumite 10th Kyu to 4th Kyu

Gohon kumite jodan and chudan all the way. White gloves and tooth protector are compulsory.

Kumite 3rd Kyu to Dangrades

Rules will be Danish Karate Federations Shobu Ippon rules. Fight time is 2 min in all categories. Rules on our website <u>www.shobuippondan-mark.dk</u>

Protection Gear

Mouth guard and white thick gloves are compulsory. In all kinds of kumite groin and chest protection(ladies) are optional. Bodyprotection and foot/leg protection are not allowed.



Time schedule

08.45 AM coach meeting. 09.00 AM tournament starts. All 10th kyu to 4th kyu categories will be settled first. Then team kata and 3rd kyu to dangrades.

Spectator entrance fee 50 Danish kroner.

Coach Dress Code

Coaches only in Club track suit

Safety for the fighters

Participation in the Shobu Ippon Tournament is at the fighter's own responsibility and risk. There will be a medical doctor present.

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CATEGORIES



CATEGORY NO	GENDER	AGE	CATEGORY	GRADE	
1	Boys/girls	8 -11 yrs.	Kata	Kata 10ty kyu - 4th kyu	
2	Boys/girls	8 - 11 yrs.	Kata	3rd kyu - dan	
3	Boys/girls	12 - 15 yrs.	Kata	10ty kyu - 4th kyu	
4	Girls	12 - 15 yrs.	Kata	3rd kyu - dan	
5	Boys	12 - 15 yrs.	Kata	3rd kyu - dan	
6	Men/women	16 - 39 yrs.	Kata	10ty kyu - 4th kyu	
7	Women	16 - 39 yrs.	Kata	3rd kyu - dan	
8	Men	16 - 39 yrs.	Kata	3rd kyu - dan	
9	Men/women	+ 40 yrs.	Kata	10ty kyu - 4th kyu	
10	Women	40 år - 49 yrs.	Kata	3rd kyu - dan	
11	Men	40 år - 49 yrs.	Kata	3rd kyu - dan	
12	Men/women	+ 50 yrs.	Kata	3rd kyu - dan	
13	Boys/girls	8 - 16 yrs.	Team Kata	10ty kyu - 4th kyu	
14	Boys/girls	8 - 16 yrs.	Team Kata	3rd kyu - dan	
15	Men/women	+ 17 yrs.	Team Kata	ata 10. kyu - dan	
16	Girls	8 - 11 yrs.	Shobu Ippon	3rd kyu - dan	
17	Boys	8 - 11 yrs.	Shobu Ippon	3rd kyu - dan	
18	Girls	12 - 13 yrs.	Shobu Ippon	3rd kyu - dan	
19	Boys	12 - 13 yrs.	Shobu Ippon	3rd kyu - dan	
20	Girls	14 - 15 yrs.	Shobu Ippon	3rd kyu - dan	
21	Boys	14 - 15 yrs.	Shobu Ippon 3rd kyu - dan		
22	Women	16 - 18 yrs.	Shobu Ippon 3rd kyu - dan		
23	Men	16 - 18 yrs.	Shobu Ippon	3rd kyu - dan	
24	Women	19 - 34 yrs.	Shobu Ippon	3rd kyu - dan	
25	Men	19 - 34 yrs.	Shobu Ippon	3rd kyu - dan	
26	Women	35 - 44 yrs.	Shobu Ippon	3rd kyu - dan	
27	Men	35 - 44 yrs.	Shobu Ippon	3rd kyu - dan	
28	Women	+ 45 yrs.	Shobu Ippon	3rd kyu - dan	
29	Men	+ 45 yrs.	Shobu Ippon	3rd kyu - dan	
30	Boys/girls	8 - 11 yrs.	Gohon Kumite	10ty kyu - 4th kyu	
31	Boys/girls	12 - 15 yrs.	Gohon Kumite	10ty kyu - 4th kyu	
32	Men/women	16 - 39 yrs.	Gohon Kumite	10ty kyu - 4th kyu	
33	Men/women	+ 40 yrs.	Gohon Kumite	10ty kyu - 4th kyu	



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REGISTRATION



PARTICIPANTS				
NO. FIRST NAME	LAST NAME	DATE OF BIRTH	CATEGORY	AMOUNT
1 Anders	Hansen	200370	1	200
2 Hørsholm 1(Jensen, Hansen, Nielsen)			13	450
3				
4				
5				
6 TOTAL				650
7				
8				
0		1		

PRICE: DKK 200,- pr. category DKK 450,- team kata

Registration to be sent to: Shobuippondanmark@gmail.com

Deadline for registration: February 5 - 2024

Payment

Handelsbanken Regnr. 7632 Account nr. 1005449 IBAN: DK7376320001005449 SWIFT: JYBADKKK Remember to write name/club & Shobu Ippon Tournament on the payment and registration

Webpage www.shobuippondanmark.dk

CATERING

There will be the possibility to purchase catering in the lobby.



6TH SHOBU IPPON TOURNAMENT

SPONSORS



PLL MALERFIRMA APS. TLF.NR. 40252865

BUDOLAND

TOURNAMANT ORGANIZER

Shobu Ippon Tournament is a collaboration between Shobu Ippon Denmark and Hørsholm Karate Club. You can contact Shobu Ippon Denmark via email: Shobuippondanmark@gmail.com



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