

<u>从益社团法人</u> 日本空手協会

> FEBRUARY 24<sup>TH</sup>- 2024 INVITATIONAL HØRSHOLMHALLEN BUDOLAND PLL MALERFIRMA APS

# **RULES AND SCHEDULE**

### Kata 10th Kyu to 4th Kyu

Flag system will be applied until the last 4 competitors have been decided. The main referee will choose between Taikyoku Shodan and Heian 1-5. A competitor cannot be asked to perform a kata at a grade higher than their last grading kata. The final will be decided on points and the competitor can choose their own kata. Only standard shotokan kata.

### Kata 3rd Kyu - Dan Grades

Flag system will be applied until the last 4 competitors have been decided. The main referee will choose between Heian 2-5 and tekki shodan. The final will be decided on points and the competitor can choose their own kata. Only standard shotokan kata.

### Team Kata

Team can be a mix of boys/girls and male/female. Same kata can be repeated in all rounds. Refereeing by flag till last 4, then point system.

#### Kumite 10th Kyu to 4th Kyu

Gohon kumite jodan and chudan all the way. White gloves and tooth protector are compulsory.

### Kumite 3rd Kyu to Dangrades

Rules will be Danish Karate Federations Shobu Ippon rules. Fight time is 2 min in all categories. Rules on our website <u>www.shobuippondan-mark.dk</u>

#### **Protection Gear**

Mouth guard and white thick gloves are compulsory. In all kinds of kumite groin and chest protection(ladies) are optional. Bodyprotection and foot/leg protection are not allowed.



### Time schedule

08.45 AM coach meeting. 09.00 AM tournament starts. All 10th kyu to 4th kyu categories will be settled first. Then team kata and 3rd kyu to dangrades.

### Spectator entrance fee 50 Danish kroner.

### **Coach Dress Code**

Coaches only in Club track suit

### Safety for the fighters

Participation in the Shobu Ippon Tournament is at the fighter's own responsibility and risk. There will be a medical doctor present.

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# CATEGORIES



CATEGORY NO	GENDER	AGE	CATEGORY	GRADE	
1	Boys/girls	8 -11 yrs.	Kata	Kata 10ty kyu - 4th kyu	
2	Boys/girls	8 - 11 yrs.	Kata	3rd kyu - dan	
3	Boys/girls	12 - 15 yrs.	Kata	10ty kyu - 4th kyu	
4	Girls	12 - 15 yrs.	Kata	3rd kyu - dan	
5	Boys	12 - 15 yrs.	Kata	3rd kyu - dan	
6	Men/women	16 - 39 yrs.	Kata	10ty kyu - 4th kyu	
7	Women	16 - 39 yrs.	Kata	3rd kyu - dan	
8	Men	16 - 39 yrs.	Kata	3rd kyu - dan	
9	Men/women	+ 40 yrs.	Kata	10ty kyu - 4th kyu	
10	Women	40 år - 49 yrs.	Kata	3rd kyu - dan	
11	Men	40 år - 49 yrs.	Kata	3rd kyu - dan	
12	Men/women	+ 50 yrs.	Kata	3rd kyu - dan	
13	Boys/girls	8 - 16 yrs.	Team Kata	10ty kyu - 4th kyu	
14	Boys/girls	8 - 16 yrs.	Team Kata	3rd kyu - dan	
15	Men/women	+ 17 yrs.	Team Kata	ata 10. kyu - dan	
16	Girls	8 - 11 yrs.	Shobu Ippon	3rd kyu - dan	
17	Boys	8 - 11 yrs.	Shobu Ippon	3rd kyu - dan	
18	Girls	12 - 13 yrs.	Shobu Ippon	3rd kyu - dan	
19	Boys	12 - 13 yrs.	Shobu Ippon	3rd kyu - dan	
20	Girls	14 - 15 yrs.	Shobu Ippon	3rd kyu - dan	
21	Boys	14 - 15 yrs.	Shobu Ippon 3rd kyu - dan		
22	Women	16 - 18 yrs.	Shobu Ippon 3rd kyu - dan		
23	Men	16 - 18 yrs.	Shobu Ippon	3rd kyu - dan	
24	Women	19 - 34 yrs.	Shobu Ippon	3rd kyu - dan	
25	Men	19 - 34 yrs.	Shobu Ippon	3rd kyu - dan	
26	Women	35 - 44 yrs.	Shobu Ippon	3rd kyu - dan	
27	Men	35 - 44 yrs.	Shobu Ippon	3rd kyu - dan	
28	Women	+ 45 yrs.	Shobu Ippon	3rd kyu - dan	
29	Men	+ 45 yrs.	Shobu Ippon	3rd kyu - dan	
30	Boys/girls	8 - 11 yrs.	Gohon Kumite	10ty kyu - 4th kyu	
31	Boys/girls	12 - 15 yrs.	Gohon Kumite	10ty kyu - 4th kyu	
32	Men/women	16 - 39 yrs.	Gohon Kumite	10ty kyu - 4th kyu	
33	Men/women	+ 40 yrs.	Gohon Kumite	10ty kyu - 4th kyu	



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# REGISTRATION



PARTICIPANTS				
NO. FIRST NAME	LAST NAME	DATE OF BIRTH	CATEGORY	AMOUNT
1 Anders	Hansen	200370	1	200
2 Hørsholm 1(Jensen, Hansen, Nielsen)			13	450
3				
4				
5				
6 TOTAL				650
7				
8				
0		1		

**PRICE**: DKK 200,- pr. category DKK 450,- team kata

**Registration to be sent to:** Shobuippondanmark@gmail.com

#### Deadline for registration: February 5 - 2024

#### Payment

Handelsbanken Regnr. 7632 Account nr. 1005449 IBAN: DK7376320001005449 SWIFT: JYBADKKK Remember to write name/club & Shobu Ippon Tournament on the payment and registration

Webpage www.shobuippondanmark.dk

### CATERING

There will be the possibility to purchase catering in the lobby.



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### **SPONSORS**



### PLL MALERFIRMA APS. TLF.NR. 40252865

## BUDOLAND

### **TOURNAMANT ORGANIZER**

Shobu Ippon Tournament is a collaboration between Shobu Ippon Denmark and Hørsholm Karate Club. You can contact Shobu Ippon Denmark via email: Shobuippondanmark@gmail.com



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